



## Cookie Policy

We use cookies on our website. If you continue to navigate without changing your settings, we will assume that you are happy to receive cookies from our website.

### What is a cookie?

Our website uses cookies. A cookie is a small file of letters and numbers that we put on your computer which allows us to distinguish you from other users of our website. This helps us to provide you with a user friendly service when you browse our website and also allows us to improve our site.

### What cookies do we use?

The cookies we use are analytical cookies. They allow us to record technical data (such as IP addresses) so that we can recognise and count the number of visitors to our site and to see how visitors move around the site when they are using it. This helps us to improve the way our website works, for example by ensuring that users find what they are looking for easily. All of the data that we collect from the use of cookies is aggregated and anonymous, meaning that we do not keep records of individual names, addresses etc.

### Further Information

To find out more about cookies including how to manage your cookie settings, please visit [www.allaboutcookies.org](http://www.allaboutcookies.org). This link is provided for convenience only and Bedford Community Counselling does not have any control over its content. We therefore make no warranties or representations as to the accuracy or completeness of any of the information appearing on that site nor as to the suitability or quality of any of their products or services.